

KERALA UNIVERSITY OF HEALTH SCIENCES
VIII SEMESTER BSc NURSING COMPETENCY ASSESSMENT
EVALUATION GUIDELINES FOR OSCE
INSTRUCTION TO EXAMINERS

Name of examination: Eighth Semester B.Sc. Nursing Degree Examination.

Subject: Integrated OSCE in Nursing (Adult Health Nursing, Child Health Nursing, Community Health Nursing, Mental Health Nursing, Midwifery/Obstetrics and Gynecology (OBG) Nursing).

Total Examiners: 5 examiners (One from each specialty) (External: 2 and Internal: 3).

All the five examiners shall be of different specializations.

- Maximum number of candidates for practical examination should not exceed **15 per day**. All the candidates in a particular year and of same institution / batch shall be examined by the same set of examiners.

Pre Exam Preparation

- Develop clear scenario and comprehensive blueprints for examination.
- Ensure that all exam questions and tasks align with the blueprint and are able to assess the required clinical competencies.
- Determine the types of assessments
- Prepare appropriate checklist/rating scale. (for example, a uniform checklist/rating scale).
- Prepare the stations and tasks specifically to evaluate core clinical competencies across the integrated subjects (Adult Health Nursing, Child Health Nursing, Community Health Nursing, Mental Health Nursing, Midwifery/Obstetrics and Gynecology (OBG) Nursing)
- Prepare OSCE circuit layout with clear entry and exit flow- Arrange clockwise movement to avoid confusion.

Example :

OSCE CIRCUIT

ENTRY



TIME	SPECIALITY STATIONS				
8am to 8.55am	Station I Adult Health Nursing	Station II Child Health Nursing	Station III Community Health Nursing	Station IV Mental Health Nursing	Station V Midwifery/ OBG Nursing
Students (Reg Nos)	1,2,3	4,5,6	7,8,9	10,11,12	13,14,15
9am to 9.55am	Station I Adult Health Nursing	Station II Child Health Nursing	Station III Community Health Nursing	Station IV Mental Health Nursing	Station V Midwifery/ OBG Nursing
Students (Reg Nos)	13,14,15	1,2,3	4,5,6	7,8,9	10,11,12
10am to 10.55 am	Station I Adult Health Nursing	Station II Child Health Nursing	Station III Community Health Nursing	Station IV Mental Health Nursing	Station V Midwifery/ OBG Nursing
Students (Reg Nos)	10,11,12	13,14,15	1,2,3	4,5,6	7,8,9
11am to 11. 55 am	Station I Adult Health Nursing	Station II Child Health Nursing	Station III Community Health Nursing	Station IV Mental Health Nursing	Station V Midwifery / OBG Nursing
Students (Reg Nos)	7,8,9	10,11,12	13,14,15	1,2,3	4,5,6
12n to 12.55pm	Station I Adult Health Nursing	Station II Child Health Nursing	Station III Community Health Nursing	Station IV Mental Health Nursing	Station V Midwifery/ OBG Nursing
Students (Reg Nos)	4,5,6	7,8,9	10,11,12	13,14,15	1,2,3



EXIT

Example for Microcircuit in each speciality

• CYCLE I - 8 to 8.55am

3students X 5 Specialities	8.00	8.05	8.10	8.15	8.20	8.25	8.30	8.35	8.40	8.45	8.50	8.55
	Interpretation		REST		Procedure				REST			
	REST		Interpretation		REST				Procedure			
	Procedure				REST				Interpretation		REST	

• CYCLE II - 9 to 9.55am

3students X 5 Specialities	9.00	9.05	9.10	9.15	9.20	9.25	9.30	9.35	9.40	9.45	9.50	9.55
	Interpretation		REST		Procedure				REST			
	REST		Interpretation		REST				Procedure			
	Procedure				REST				Interpretation		REST	

• CYCLE III - 10 to 10.55 am

3students X 5 Specialities	10.00	10.05	10.10	10.15	10.20	10.25	10.30	10.35	10.40	10.45	10.50	10.55
	Interpretation		REST		Procedure				REST			
	REST		Interpretation		REST				Procedure			
	Procedure				REST				Interpretation		REST	

• CYCLE IV - 11 to 11 55 am

3students X 5 Specialities	11.00	11.05	11.10	11.15	11.20	11.25	11.30	11.35	11.40	11.45	11.50	11.55
	Interpretation		REST		Procedure				REST			
	REST		Interpretation		REST				Procedure			
	Procedure				REST				Interpretation		REST	

• CYCLE V - 12 to 12.55pm

3students X 5 Specialities	12.00	12.05	12.10	12.15	12.20	12.25	12.30	12.35	12.40	12.45	12.50	12.55
	Interpretation		REST		Procedure				REST			
	REST		Interpretation		REST				Procedure			
	Procedure					REST				Interpretation		REST

- Ensure that adequate space is provided at each station to allow for privacy and necessary movement for the tasks.
- Recheck all the stations and scenarios before the final OSCE to identify and correct any potential issues.
- Ensure that equipment and materials are available and in working condition before the conduct of examination.
- Review the entire checklist/rating scale and familiarize yourself with the critical steps (items that must be performed).
- Ensure proper methods to correct technical issues (IF ANY).
- Brief students on exam format, timings and expectations.
- Train expert assistants as required.
- Ensure confidentiality and security.

During the Conduct of OSCE

- Allocate students to **OSCE stations (maximum 3 students in each specialty at a time)**
- **Maximum number of candidates for OSCE should not exceed 15/day**
- OSCE station types
 - Procedure skill integrated with communication skill
 - Interpretation skill
- Rotate students among the station -20 mts (15 mts for procedure station and 5 minutes for interpretation station) for each student in each specialty .
- Time allotted for one group in one specialty area is 1 hour (20 mts x 3 students=60 mts).
- Provide clear instructions to the students.
- After completing the examination in one specialty area, the group will move to the next speciality area as per the circuit.
- A time of 5 minutes will be given to the students to move from one station to the other.
- Provide equal opportunity for every student.

Assessment criteria

- Assess student performance objectively.
- Compare the student's performance against the predetermined standard outlined in the checklist/rating scale
- Immediately after the student leaves and before the next student enters, verify and finalize your marks. Do not make retrospective changes based on external information.
- Monitor exam progress and timings.
- Calculate station scores.
- Calculate overall exam scores

Procedure skill station and interpretation skill station – Time and Mark Distribution

Procedural skill station - Time duration - 15mts **(15marks)**

Interpretation station - Time duration - 5 mts **(5marks)**

Total marks for each speciality - 20 marks

Overall score (Total of 5 specialty) = 5 specialty x 20 marks =100 marks.
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- Minimum pass mark: **50 (Maximum mark: 100)**
- No need for minimum pass for each subject separately.
- In the **component mark sheet** enter each subject (Adult Health Nursing, Child Health Nursing, Community Health Nursing, Mental Health Nursing, Midwifery/Obstetrics and Gynecology (OBG) Nursing) as component **(Maximum Marks 20 for each subject).**

Procedures and interpretation station in each speciality (Model List)

(Other than the listed procedures and stations, additional advanced procedures and stations may be included in each speciality according to the facilities available in the institution)

CHILD HEALTH NURSING

- **Other than the listed procedures and stations, additional advanced procedures and interpretation stations may be included according to the facilities available in the institution**
- **One procedure and one interpretative station for each student**

List of Procedures (Model List) – Child Health Nursing

1. Newborn resuscitation
2. Paediatric Basic life support
3. Nebulization
4. Oral drug administration
5. Subcutaneous injection
6. Intramuscular injection
7. Intravenous fluid administration
8. Oxygen administration
9. Eliciting neonatal reflexes
10. Kangaroo mother care
11. Essential Newborn care
12. Assisting in breast feeding – preparation of mother, baby, positions, burping.
13. Insertion of Ryles tube
14. Colostomy care
15. Insertion of ET tube
16. Insertion of urinary catheter
17. Nutritional assessment

Interpretation station (Model Stations)- Child Health Nursing

1. Drug calculation and interpretation of adequacy
2. Body surface area calculation and interpretation for drug adequacy
3. Maturity assessment/APGAR scoring of new born
4. Urine albumin/sugar/acetone estimation and interpretation
5. Interpretation of pediatric Glasgow coma scores
6. Interpretation of growth charts
7. Interpretation of lab values
8. Interpretation of various case-based scenarios
9. Interpretation of Body Surface area burnt and Fluid management in burns
10. Identifying instruments and their uses

Kerala University of Health Sciences
8th Semester BSc Nursing practical examination (OSCE)

Evaluation Criteria - Child Health Nursing

Procedural Skill and Communication

Examination centre

Date of Examination

Sl. No	Criteria	Marks	Register Number														
1	Preparation of - Client. - Article - Environment (as needed for the scienario)	(2)															
2	Competency in performing the procedure	(5)															
3	Following scientific principles	(2)															
4	Communication (including incidental health education)	(3)															
5	After care of articles	(1)															
6	Documentation	(2)															
	Total	15															

Name and signature of the Examiner

Kerala University of Health Sciences
8th Semester BSc Nursing practical examination (OSCE)
Evaluation Criteria - Child Health Nursing
Interpretation Station- Drug calculation (5 marks)

Examination centre

Date of Examination

Sl No	Criteria	Marks	Register Number											
1	Calculate the required amount of specified drug for the specified child	3												
2	Interpret the adequacy and action of the drug	2												
	Total	5												

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester BSc Nursing Internship practical examination (OSCE)
Child Health Nursing - Evaluation Criteria
Interpretation Station- BSA calculation and drug adequacy (5 marks)
Examination centre

Date of Examination

Sl No	Criteria	Marks	Register Number											
1	Calculate the body surface area	1												
2	Interpret drug adequacy	2												
3	Identify the action of the drug	2												
	TOTAL	5												

Name and signature of the Examiner

Kerala University of Health Sciences
8th Semester BSc Nursing Internship practical examination (OSCE)
Child Health Nursing Evaluation Criteria
Interpretation Station- Various scoring System
APGAR Score/Maturity scores/ Glasgow coma scale/ Growth charts (5 marks)

Examination centre

Date of Examination

Sl No	Criteria	Marks	Register Number									
1	Analyse the score, write down the normal score and specify the significance of given score.	3										
2	Mention the management modalities of the given score	2										
	TOTAL	5										

Name and signature of the Examiner

Kerala University of Health Sciences
8th Semester BSc Nursing Internship practical examination (OSCE)
Evaluation Criteria – Child Health Nursing

Interpretation Station- Investigation findings (5 marks)

Examination centre

Date of Examination

Sl No	Criteria	Marks										
1	Identify the variation & write down the normal value	3										
2	Mention the management modalities of the given finding	2										
	Total	5										

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester BSc Nursing Internship practical examination (OSCE)
Evaluation Criteria - Child Health Nursing
Interpretation Station- Identification of instruments (5 marks)

Examination centre

Date of Examination

Sl No	Criteria	Marks	Register Number										
1	Identify the instrument	3											
2	Explain its uses	2											
	Total	5											

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester BSc Nursing Internship practical examination (OSCE)
Evaluation Criteria - Child Health Nursing
Interpretation Station- Case/Image based scenario(5 marks)

Examination center

Date of Examination

Sl No	Criteria	Marks	Register Number										
1	Identify the disease/disorder	1											
2	List 3 main manifestations	2											
3	List the medical/surgical management	2											
	Total	5											

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester BSc Nursing Internship practical examination (OSCE)
Evaluation Criteria - Child Health Nursing
Interpretation Station – Urine albumin/Sugar/Acetone (5 marks)
Examination centre **Date of Examination**

Sl No	Criteria	Marks	Register Number											
1	Estimate the albumin/sugar/acetone level in the given specimen	2												
2	Interpret the finding	2												
3	Identify the common disease condition	1												
	Total	5												

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester BSc Nursing Internship practical examination (OSCE)
Evaluation Criteria - Child Health Nursing
Interpretation Station- Burns assessment (5 marks)

Examination centre

Date of Examination

Sl No	Criteria	Marks	Register Number											
1	Assess the percentage of BSA burned	3												
2	Calculate the fluid requirement for first 48 hrs	2												
	Total	5												

Name and signature of Examiner

Total marks (procedural skill +interpretation skill) =15+5=20
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ADULT HEALTH NURSING

- **Other than the listed procedures and stations, additional advanced procedures and interpretation stations may be included according to the facilities available in the institution**
- **One procedure and one interpretative station for each student**

List of Procedures (Model List) – Medical Surgical Nursing

1. Injections (IM, IV, SC, ID)
2. I V infusion
3. Tracheostomy care
4. Endotracheal suction/tracheostomy suction
5. Oxygen administration
6. CPR
7. Assessment of Deep Tendon Reflex
8. Respiratory system assessment
9. Cardiovascular System Assessment
10. Assessment of cranial nerves
11. Assessment of Glasgow coma score/NIHSS score
12. Wound dressing.
13. Chest physiotherapy
14. Nebulization
15. Colostomy/ileostomy care
16. Jejunostomy feeding
17. ET tube insertion
18. Oral airway insertion

Interpretation station (Model stations)

1. ECG
2. Drug dose/flow rate calculation (eg: Dopamine, Dobutrex, Adrenaline, Insulin)
3. ABG
4. Surgical instruments
5. Investigation findings
6. Glasgow coma/NIHSS score
7. Fluid management in Burn injury

Kerala University of Health Sciences

8th Semester BSc Nursing Internship practical examination (OSCE)

Evaluation Criteria - Adult Health Nursing

Procedural Skill and Communication

Examination centre

Date of Examination

Sl. No	Criteria	Marks	Register Number													
1	Preparation of - Client. - Article - Environment (as required for the given scienario)	(2)														
2	Competency in performing the procedure	(5)														
3	Following scientific principles	(2)														
4	Communication (including incidental health education)	(3)														
5	After care of articles	(1)														
6	Documentation with relevant observation	(2)														
	Total	15														

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester Internship practical examination (OSCE)

Adult Health Nursing
Evaluation Criteria

Interpretation Station- Surgical Instruments (5 marks)

Sl No	Criteria	Marks											
1	Identify the instrument	2											
2	Write down the purpose of the instrument	3											
	TOTAL	5											

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester Internship practical examination (OSCE)

Adult Health Nursing
Evaluation Criteria

Interpretation Station- Drug calculation (5 marks)

Sl No	Criteria	Marks											
1	Identify the drug & write the mode of action	1											
2	Mention specific precautions to be considered while administering the drug	1											
3	Calculate the rate of flow (drops/mt; ml/hr)	3											
	TOTAL	5											

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester Internship practical examination (OSCE)

Adult Health Nursing
Evaluation Criteria

Interpretation Station- ECG (5 marks)

Sl No	Criteria	Marks											
1	Identify the rhythm	2											
2	Calculate the heart rate	1											
3	Specify the initial management modalities	2											
	TOTAL	5											

Name and signature of Examiner

Kerala University of Health Sciences Thrissur
8th Semester Internship practical examination (OSCE)

Adult Health Nursing
Evaluation Criteria

Interpretation Station- ABG (5 marks)

Sl No	Criteria	Marks											
1	Identify the acid base imbalance	2											
2	Rationalize the finding	1											
3	Specify the management modalities	2											
	TOTAL	5											

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester Internship practical examination (OSCE)

Adult Health Nursing

Evaluation Criteria

Interpretation Station- investigation findings (5 marks)

Sl No	Criteria	Marks												
1	Identify the variation	2												
2	Write down the normal value	1												
2	Mention the management modalities	2												
	TOTAL	5												

Name and signature of Examiner

Kerala University of Health Sciences Thrissur Kerala
8th Semester Internship practical examination (OSCE)

Adult Health Nursing

Evaluation Criteria

Interpretation Station- Glasgo coma score/NIHSS score (5 marks)

Sl No	Criteria	Marks												
1	Analyze the given score	2												
2	Categorize patient based on the given score	1												
3	Specify the initial management modalities	2												
	TOTAL	5												

Name and signature of Examiner

Kerala University of Health Sciences Thrissur Kerala

8th Semester Internship practical examination

Evaluation Criteria- Adult Health Nursing

Interpretation Station- Fluid management in Burn injury (5 marks)

Sl No	Criteria	Marks											
1	Calculate the fluid requirement	2											
2	Calculate the rate of flow for the first 8hrs	3											
	TOTAL	5											

Name and signature of Examiner

Total marks (procedural skill +interpretation skill) =15+5=20

COMMUNITY HEALTH NURSING

- **Other than the listed procedures and stations, additional advanced procedures and interpretation stations may be included according to the facilities available in the institution**
- **One procedure and one interpretative station for each student**

List of Procedures (Model List)

1. Health assessment of various age groups
2. Nutritional assessment
3. Checking Vital Signs
4. Wound Dressing
5. Blood glucose monitoring
6. Urine Test- Urine sugar, urine albumin and urine acetone
7. Hand Wash and Hand Rub
8. Breast examination
9. Steam Inhalation
10. Bandaging
11. First Aid for common emergency conditions
12. Vision Testing
13. ORS Preparation
14. Preparation of various AV Aids

Interpretation skill station (model station)

Prepare 5 interpretation questions from any of the following topics with or without diagrams. Each right response carries **one** mark.

1. Anthropometric assessments (BMI, MUAC, WHR)
2. Growth charts
3. Under five assessment (Weight for age, IAP classification of nutritional status)
4. Immunization Schedule
5. Vaccines- Dosage, route of administration and adverse effects
6. Vaccine Vial Monitor
7. Open Vial Policy
8. Cold chain equipment
9. Calculation of caloric provisions in a therapeutic diet
10. Identification of conditions based on clinical manifestations
11. Identification of common instruments and devices used in community health services
12. Estimation of demographic rates
13. Laboratory findings
14. Health care logos
15. Vectors and Vector indices
16. Chlorination of well

Total marks Interpretation skill = 5

Kerala University of Health Sciences
8th Semester Internship practical examination (OSCE)
Evaluation Criteria- Community Health Nursing
Procedural Skill and Communication

Examination centre

Date of Examination

Sl. No	Criteria	Marks	Register Number														
1	Preparation of - Client. - Article - Environment (as required for the given scienario)	(2)															
2	Competency in performing the procedure	(5)															
3	Following scientific principles	(2)															
4	Communication (including incidental health education)	(3)															
5	After care of articles	(1)															
6	Documentation with relevant observation	(2)															
	Total	15															

Name and signature of Examiner

Total marks (procedural skill +interpretation skill) =15+5=20

MIDWIFERY/ OBSTETRICS AND GYNAECOLOGY (OBG) NURSING

Other than the listed procedures and stations, additional advanced procedures and interpretation stations may be included according to the facilities available in the institution

➤ **One procedure and one interpretative station for each student**

List of Nursing Procedures/ Preparation of Trays or Kit (Model List)

1. Antenatal abdominal examination
2. Per vaginal examination
3. Newborn resuscitation
4. Kangaroo mother care
5. CuT insertion and removal
6. Essential Newborn care
7. Assisting in breast feeding – preparation of mother, baby, positions, burping.
8. PPH management kit.
9. Severe preeclampsia/Eclampsia management kit
10. Normal labour set
11. Episiotomy Tray
12. Post natal assessment tray
13. Baby Tray
14. D&C set.
15. Newborn assessment set
16. AMTSL
17. PPH management – Condom tamponade, bimanual compression.

Interpretation station

1. Identification of instruments, its specification and purposes
2. NST report
3. CTG
4. Partograph
5. Investigation reports
6. Drugs in OBG
7. Calculation of EDD and period of gestation
8. APGAR Score.
9. Bishop score.
10. Shock index
11. High risk pregnancy score
12. Ballard scoring for maturity assessment of newborn

Kerala University of Health Sciences
8th Semester Internship practical examination (OSCE)
Evaluation Criteria - Midwifery/OBG NURSING
Procedural Skill and Communication

Examination centre

Date of Examination

Sl. No	Criteria	Marks	Register Number													
1	Preparation of - Client. - Article - Environment (as required for the given scienario)	(2)														
2	Competency in performing the procedure	(5)														
3	Following scientific principles	(2)														
4	Communication (including incidental health education)	(3)														
5	After care of articles	(1)														
6	Documentation with relevant observation	(2)														
	Total	15														

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester Internship practical examination (OSCE)

Midwifery/ OBG Nursing

Evaluation Criteria

Procedural Skill station- Preparation of trays/ Kit

Sl No	Criteria	Marks	Register Number															
1	Identification of appropriate items	4																
2	Adequacy	2																
3	Skill in assembling and handling articles	5																
5	Following scientific principles in arrangement	2																
6	Time	2																
	Total Marks	15																

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester Internship practical examination (OSCE)
Evaluation Criteria - Midwifery/OBG Nursing
Interpretation Station- Surgical Instruments (5 marks)

Sl No	Criteria	Marks	Register Number											
1	Identify the instrument	2												
2	Write down the purpose of the instrument	3												
	Total	5												

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester Internship practical examination
Evaluation Criteria - Midwifery/OBG Nursing
Interpretation Station- Drugs in OBG (5 marks)

Sl No	Criteria	Marks	Register Number											
1	Write the action and indications	1												
2	Nurses' responsibility in administering this drug	2												
3	Dose and route of administration/ Calculate the rate of flow	2												
	TOTAL	5												

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester Internship practical examination
Midwifery/OBG Nursing
Evaluation Criteria

Interpretation Station- investigation findings (5 marks)

Sl No	Criteria	Marks											
1	Identify the variation & write down the normal value	3											
2	Mention the management modalities	2											
	Total	5											

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester Internship practical examination
Midwifery/OBG Nursing - Evaluation Criteria
Interpretation Station- Various scoring System

(Bishop score/APGAR Score/High risk assessment scores) (5 marks)

Sl No	Criteria	Marks	Register Number										
1	Analyse the score, write down the normal score and specify the significance of given score.	3											
2	Mention the management modalities	2											
	TOTAL	5											

Name and signature of Examiner

Kerala University of Health Sciences
8th Semester Internship practical examination

Midwifery/OBG Nursing

Evaluation Criteria - Interpretation Station

**Interpretation of Partograph/ Plotting of partograph as per given
Assessment findings (5 marks)**

Sl No	Criteria	Marks	Register Number									
1	Analyse the partograph findings and write down your inference.	3										
2	Write down the role of midwife	2										
	Or											
1	Record the assessment findings in partograph	3										
2	Evaluate the findings of this assessment and possible mode of delivery	2										
	TOTAL	5										

Name and signature of Examiner

Total marks (procedural skill +interpretation skill) =15+5=20
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MENTAL HEALTH NURSING

- **List of Procedures Other than the listed procedures and stations, additional advanced procedures and interpretation stations may be included according to the facilities available in the institution**
- **One procedure and one interpretative station for each student**

List of Procedures (Model List)

1. Application of four point restraint
2. Mini mental status examination
3. Suicide risk assessment
4. Psychiatric history collection
5. Mental status examination
6. Disulfiram counseling
7. Admission documentation
8. Alcoholic withdrawal
9. Lithium therapy psychoeducation

Interpretation station (Model stations)

1. Drug identification
2. Johari window
3. Therapeutic communication techniques
4. Extra pyramidal symptoms
5. No suicidal contract

Kerala University of health sciences Thrissur Kerala
8th Semester Internship practical examination (OSCE)
Evaluation Criteria – Mental Health Nursing
Procedural Skill and Communication station

Application of four point restraint

Examination centre:

Date of Examination :

	Procedure steps	Marks				
1	Ensure the physicians order for restraints.	1				
2	Explain the need for restraints to the bystanders.	2				
3	Obtain properly sized restraint.	1				
4	Physically immobilize the client by holding the legs at the ankle and above the knee, hold the arms at the wrist and the elbow	1				
5	Assure the patient that the restraints are to protect him from injury rather than to punish.	1				
6	Maintain communication with the client throughout the process by using simple, clear and short sentences	1				
7	Pad bony prominences before applying, if the restraint is not padded.	1				
8	Apply the restraints in a manner that it can be easily released whenever necessary.	2				
9	Tie the restraints to the bed frame.	2				
10	Adjusts restraints to maintain body alignment, comfort and safety.	1				
11	Ensure that the restraints are snug enough and able to slide 2 fingers under a wrist or ankle restraint.	1				
12	Document the procedure	1				
	TOTAL	15				

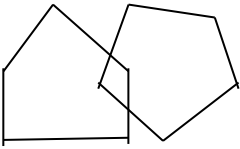
Name and signature of the Examiner

Kerala University of health sciences Thrissur Kerala
8th Semester Internship practical examination (OSCE)

Evaluation criteria – Mental Health Nursing

Mini mental status examination

Orientation	Mark				
What is the • Year • Date • Day • Month	0.5 0.5 0.5 0.5				
Where are we • Country • Town or city • Hospital • Floor	0.5 0.5 0.5 0.5				
Registration Name 3 objects , taking 1 second to say each. Then ask the patient all three after you have said them. Give one point for each correct answer. Repeat the answers until patient learns all three.	2				
Attention and calculation Subtract 7 from 100 in a series upto five subtractions .give one point for each correct answer. Alternative: spell WORLD backwards.(D-L-R-O-W)	2				
Recall Ask for name of three objects said earlier. Give one point for each correct answer.	1				
Language					
• Point to a pencil and a watch .have the patient name them as you point. • Have the patient repeat' No if ,ands ,or but's' • Have the patient follow a three stage command:” Take a	1 1				

paper in your hand. Fold the paper in half. Put the paper on the floor.	1				
Have the patient read and obey the following :CLOSE YOUR EYES(Write it in large letters) Have the patient write a sentence of his choice(The sentence should contain a subject and an object and should make sense Enlarge the design printed below and have the patient copy it.(give one point if all sides and angles are preserved and if the intersecting sides form a quadrangle 	1				
	1				
	1				
TOTAL	15				

SCORING

24-30-No Cognitive impairment

18-23 -Mild to Moderate cognitive impairment

0-17 -Severe cognitive impairment

Kerala University of Health Sciences Thrissur Kerala
8th Semester Internship practical examination (OSCE)

Evaluation Criteria – Mental Health Nursing
Suicide Risk Assessment

	Assessment steps	Marks				
1	Establish rapport with patient and family member	2				
2	Ideation-Talked about or threatened	1				
3	Increased use of alcohol or other drugs	1				
4	Purposelessness-mentioned having no reason to live	2				
5	Anxiety-Showed increased anxiety and changes in sleep	2				
6	Trapped-Talked about feeling trapped and there is no way out	2				
7	Hopelessness-Expressed feeling hopeless about future	1				
8	Withdrawn from family and friends	1				
9	Shown uncontrolled anger and experienced dramatic changes in mood	2				
10	Engaged in risky activities	1				
	TOTAL	15				

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Kerala University of Health Sciences Thrissur Kerala

8th Semester Internship practical examination (OSCE)

Evaluation Criteria – Mental Health Nursing

Psychiatric History collection

Check list for History Collection

Sl No	Task/Skill	Score	Performed	Partially performed	Not performed	Comments
1	Does the student identify the symptoms of condition given in the scenario	2				
2.	Does the student identify delusions/hallucination in the patient	2				
3.	Does the student identify substance use history in patient	2				
4.	Does the student identify the violent and aggressive behavior in the patient	2				
5	Does the student identified the precipitating factors factors of present illness	2				
6	Does the student identify the effect of illness in patients' family, social and occupational functioning	2				
7.	Does the student identify history of mental illness in family	1				
8.	Does the student draw an appropriate family tree	2				
	TOTAL	15				

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Kerala University of Health Sciences Thrissur Kerala
8th Semester Internship practical examination (OSCE)
Evaluation Criteria – Mental Health Nursing
Mental Status Examination

Check list to evaluate MSE

Sl No	Task/Skill	Score	Performed	Partially performed	Not performed	Comments
	Mood and affect					
1	Explore the patient's current mood by asking appropriate questions	2				
2.	Observe the patients affect	2				
	Content of Thought					
1	Explore preoccupations with relevant questions	2				
2	Explore obsessions with relevant questions	2				
3	Assess phobias/irrational fear with relevant questions and explore content of phobia if any	2				
4	Explore delusions of patient with appropriate questions and explore content of delusion if any	1				
5	Assess hopelessness, worthlessness and helplessness with relevant questions	1				
6	Assess suicidal ideation in the patient with relevant questions	1				
7.	Assess for neologisms	1				
8.	Assess for thought insertion and thought withdrawal	1				
	Total Marks	15				

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Kerala University of Health Sciences Thrissur Kerala

8th Semester Internship practical examination (OSCE)

Evaluation Criteria – Mental Health Nursing

Disulfiram counseling

SL NO	Expected behavior						
1.	Establish rapport	1					
2.	Explain about the need for the drug	1					
3.	Explain about the action of drug	1					
4.	Explain about the DER and its associated symptoms	2					
5.	Explain about the importance of avoiding alcohol containing preparations (with example)	2					
6.	Explain about the duration of drug intake	2					
7.	Specific instruction on half life of drug	2					
8.	Explain the management of DER	2					
9.	Obtained willingness	1					
10.	Concluding the session	1					
	TOTAL	15					

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Kerala University of Health Sciences Thrissur Kerala

8th Semester Internship practical examination (OSCE)

Evaluation Criteria – Mental Health Nursing

ADMISSION DOCUMENTATION

SLNO	EXPECTED BEHAVIORS																		
1	Receive the patient	1																	
2	Establishes rapport with the patient and family	2																	
3	Give orientation to the unit	1																	
4	Makes the patient and family comfortable	1																	
5	Check vital parameters	2																	
6	Assess the chief complaints	2																	
7	Explains about the ward routines	1																	
8	Explains about safety precautions	1																	
9	Check for any investigations	2																	
10	Document in the nurses record	2																	
	TOTAL	15																	

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Kerala University of Health Sciences Thrissur Kerala

8th Semester Internship practical examination (OSCE)

Evaluation Criteria – Mental Health Nursing

ALCOHOLIC WITHDRAWAL

SL NO	Expected behavior						
1.	Establish rapport	2					
2.	Ask when was the last intake	2					
3.	Amount of consumed in the last intake	2					
4.	Assess orientation to time, place and person	2					
5.	Assess for any 6 manifestations	6					
	• Tremors						
	• Insomnia						
	• Irritability						
	• Profuse sweating						
	• Nausea and vomiting						
	• Others (any one)						
6.	Closing session effectively	1					
	TOTAL	15					

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Kerala University of Health Sciences Thrissur Kerala
8th Semester Internship practical examination (OSCE)

Evaluation Criteria – Mental Health Nursing

Lithium Therapy Psycho education

SLNO	EXPECTED BEHAVIORS	Marks															
1	Establishes rapport with the patient	2															
2	Explains the action of lithium	2															
3	Explained about serum lithium monitoring	2															
4	Explains clearly about the dietary sodium intake	1															
5	Explained about the need to take plenty of fluids	1															
6	Explains the need of investigations like TSH, ECG	1															
7	Managing lithium toxicity	2															
8	Explains about lithium toxicity warning signs	1															
9	Clarifies patients doubts effectively	2															
10	Concludes the session effectively	1															
TOTAL		15															

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Kerala University of Health Sciences
8th Semester BSc Nursing Internship practical examination (OSCE)
Mental Health Nursing - Evaluation Criteria
Interpretation Station- Drug identification(5 marks)

Sl No	Criteria	Marks	Register Number									
1	Identify the drug	1										
2	Interpret drug adequacy	1										
3	Identify the action of the drug	2										
4	Explain the side effects	1										
	TOTAL	5										

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Kerala University of Health Sciences
8th Semester BSc Nursing Internship practical examination (OSCE)
Mental Health Nursing - Evaluation Criteria
Interpretation Station- Johari Window (5 marks)

Sl No	Criteria	Marks	Register Number									
1	Name each window	1										
2	Representation of each window	2										
3	Uses	2										
	TOTAL	5										

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Kerala University of Health Sciences
8th Semester BSc Nursing Internship practical examination (OSCE)
Mental Health Nursing - Evaluation Criteria
Interpretation Station- Therapeutic Communication Technique (5 marks)

Sl No	Criteria	Marks	Register Number									
1	Identify two techniques	1										
2	Concepts of therapeutic communication	2										
3	Steps	2										
	TOTAL	5										

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Kerala University of Health Sciences
8th Semester BSc Nursing Internship practical examination (OSCE)
Mental Health Nursing - Evaluation Criteria
Interpretation Station- Extrapyramidal symptoms (5 marks)

Sl No	Criteria	Marks	Register Number									
1	Four extrapyramidal symptoms	1										
2	Causes	2										
3	Nursing management	2										
	TOTAL	5										

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Kerala University of Health Sciences
8th Semester BSc Nursing Internship practical examination (OSCE)
Mental Health Nursing - Evaluation Criteria
Interpretation Station- No suicide contract (5 marks)

Sl No	Criteria	Marks	Register Number									
1	Methods use	2										
2	Advantages	1										
3	Nurses responsibilities	2										
	TOTAL	5										

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Total marks (procedural skill +interpretation skill) =15+5=20
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