

QP Code:

Reg. No.:.....

SECOND YEAR BPT DEGREE EXAMINATIONS
(Model Question Paper)
Biomechanics

Time: 3 hrs

Maximum marks: 100

- *Answer all questions*
- *Draw diagrams wherever necessary*

Essays

(2x10=20)

1. Explain in detail about shoulder complex and the mechanism of elevation of arm to abduction.
2. Describe the effects of disease injury and immobilization on joint structure and soft tissues

Short answers

(10x5=50)

3. Axis and planes of movement.
4. Flexion and extension of Hip
5. Gait Cycle
6. Classification of levers with suitable examples
7. Lumbo pelvic rhythm
8. Safe Lifting
9. Open and closed chain exercise.
10. Types of muscle action
11. Movements at Spine.
12. Explain very briefly about optimal posture

Short notes

(10x3=30)

13. Lumbosacral angle
14. Hip hiking
15. Locking and unlocking of knee joint
16. Equilibrium
17. Typical and a typical vertebrae
18. Cylindrical grip
19. Length tension relationship
20. Stress and strain curve
21. Force systems
22. Anatomical pulleys

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SECOND YEAR BPT DEGREE EXAMINATIONS
(Model Question Paper)
Electro Therapy

Time: 3 hrs

Maximum marks: 100

- *Answer all questions*
- *Draw diagrams wherever necessary*

Essays

(2x10=20)

1. Define short wave diathermy, various methods of application, electrode spacing, various positions for placing electrode.
2. Describe electrical stimulation. Explain therapeutic and physiological effect of electrical stimulation and its indications and contraindications.

Short answers

(10x5=50)

3. Define resistance, factors affecting resistance;
4. Explain therapeutic ultra sound.
5. Therapeutic LASER
6. Describe SD curve
7. Define IFT, physiological effect, indication and contra indication
8. Describe methods and benefits of wax bath.
9. Cryotherapy and its techniques of application.
10. Explain briefly shock, causes of shock and its precautions
11. Pain gate theory
12. Fluidotherapy

Short notes

(10x3=30)

13. Transmission of heat
14. Capacitors
15. Iontophoresis
16. Accommodation
17. Types of IRR
18. Coupling media
19. Contrast Bath
20. Faradism Under Pressure
21. Whirlpool bath
22. Biofeedback

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SECOND YEAR BPT DEGREE EXAMINATIONS
(Model Question Paper)
Exercise Therapy

Time: 3 hrs

Maximum marks: 100

- *Answer all questions*
- *Draw diagrams wherever necessary*

Essays

(2x10=20)

1. Define co-ordination. Exercise to improve co-ordination Explain the techniques of Frenkel's
2. Explain resisted exercise with principles, indications, contra indication and precaution

Short answers

(10x5=50)

3. Isokinetic exercise
4. Crutch walking
5. Rhythmic stabilization
6. Group exercise
7. Types of muscle contraction
8. Muscle testing
9. Posture
10. Relaxation
11. Hydrotherapy
12. Yoga

Short notes

(10x3=30)

13. Gravity
14. Levers
15. Equilibrium
16. Pulleys
17. Goniometer
18. Balance
19. Bell's palsy
20. Percussion
21. Breathing exercise
22. Active movement

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SECOND YEAR BPT DEGREE EXAMINATIONS
(Model Question Paper)
Pharmacology

Time: 1½ hrs

Maximum marks: 50

- *Answer all questions*
- *Draw diagrams wherever necessary*

Essay

(10)

1. Classify antihypertensive drugs with suitable example. Mention its pharmacological actions and uses.

Short answers

(5x5=25)

2. Glucocorticoids
3. Drugs used for the treatment for mood disorders.
4. Tricyclic antidepressants
5. Peripheral muscle relaxants
6. Mention different routes of administration of drugs

Short notes

(5x3=15)

7. Oral hypoglycemic drugs.
8. Drugs used for the treatment of IHD
9. Aspirin.
10. NSAID's
11. Dopamine
12. Digitalis
