



# KERALA UNIVERSITY OF HEALTH SCIENCES

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## NOTIFICATION

School of Family Health Studies

MOOC Certificate Program in

“Young Adults' Guidance and Counselling”(CYAGC-III)

Kerala University of Health Sciences is organizing a Certificate Program in Young Adults' Guidance and Counselling (CYAGC-III) in MOOC mode for the Teachers of institutions affiliated to the KUHS.

### Objectives:

At the end of the certificate program the participants would have a clear understanding of:

1. The professional procedures for initiating a counselling relationship.
2. A variety of counselling techniques.
3. The legal and ethical responsibilities of a counselling relationship.
4. To develop a conceptual understanding of the underlying inter-personal, emotional and cognitive changes that may affect the development and functioning of young adults.
5. The approaches to identify and assist young adults in need.
6. To screen for physical, mental and reproductive issues.
7. To identify scholastic problems early, deliver appropriate treatments at institutional level and refer on appropriately
8. To identify mental health problems early, deliver appropriate treatments at institutional level and refer on appropriately
9. To recognise reproductive health problems early, deliver appropriate treatments at institutional level and refer



on appropriately

10. To perform premarital counselling services for young people emphasising reproductive and sexual health aspects
11. Effective communication skills.
12. To apply integrated approach to treatment selection.
13. Understand the role and application of treatment progress monitoring.
14. Address different problem solving strategies and management techniques

### Who are eligible?

Teachers of the institutions affiliated to the Kerala University Health Sciences, from any of the seven streams (Medicine, Ayurveda, Homeopathy, Dental, Nursing, Pharmacy, Allied Health Sciences). They should have the KUHS Unique Faculty ID [FEP ID] Number.

**Duration of Program:** 6 Months [approximately].

**Mode of Class:** Classes will be in online mode, in Moodle.

**Course Fees:** Nil

**Number of Seats:** There is no need to limit the number of participants.

**Attendance & Program Period:** The program period is 6 months

**Last date of Registration:** 30/12/2023

### Structure of a MOOC session

It shall be conducted twice a month, in 12 Main sessions making up a total of 12 days or at suitable intervals as decided by the KUHS from time to time. 100% attendance is mandatory

Each MOOC session will be following the below given pattern,

Pretest

Video 1- 6 (maximum of 15 to 20 min duration)

Reading Material, Voice Clip, YouTube Link, Free Article, Open Links

Post test

Assignment – Preparing notes, preparing presentation on the topic and upload (text, photo, video, PPT)

Online interactions



**Criteria:** Faculty [with FEP ID] will be considered. The application should be routed through the Principal. Direct application will not be entertained.

### How to apply?

Log on to [www.kuhs.ac.in](http://www.kuhs.ac.in)

### Certification

- 100% attendance is mandatory for the course, assignments & assessments.
- No condonation of attendance will be permitted.
- E- Certificates will be issued only to the successful candidates.

A completion certificate will be issued for the participants with 100% attendance and at least scoring of 50% marks for Assessments. A total of two Formative Assessments will be conducted, the first assessment after the sixth module and second after 12<sup>th</sup> module. Each formative assessment will include 30 multiple choice questions carrying one mark each.

For more details, please contact Dr. Anoop Kumar. N., Associate Professor, School of Family Health Studies, KUHS.

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**Registrar**

